

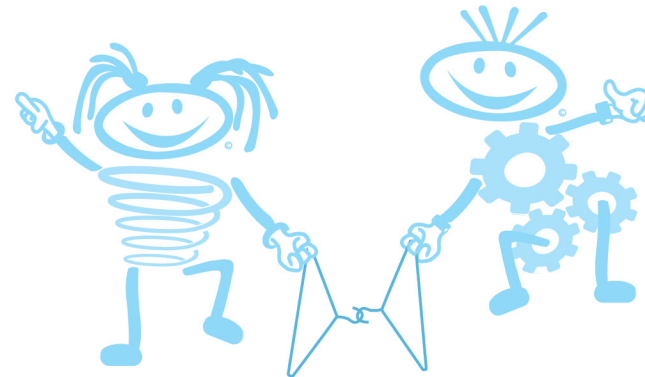
# Hanger Connection

Two or more players. Age range: 6-10

**Items needed:** 2-6 hangers

## To Play:

1. Player 1 holds a plastic hanger in one hand.
2. Player 2 holds a second hanger.
3. Players connect the hangers at the curved ends and jog in place for 30 seconds.
4. If the hangers don't come apart, both players add another hanger to their side. Now jog in place for 30 seconds more.
5. Players keep adding hangers until they come apart from one another.



## Game Variations:

- Rather than jog, hop with two feet, hop on one foot, skip in place or trot.



*NOTE: If you live in an apartment and have people living below you, please be courteous to them when playing the game.*